

# Quality Quick Tips

June 2021



HEALTH PLAN

## CHILDREN'S HEALTH

The COVID-19 pandemic caused delays in care, leaving many patients – especially children – past due for immunizations, well visits and other preventive screenings. McLaren Health Plan (MHP) encourages you to continue to provide quality care and assist with obtaining these missed preventive services for your patients. Preventive screenings, anticipatory guidance and immunizations aid in the promotion of healthy lifestyles in children and adolescents. The following are key measures of care for children as well as best practices and tips on how to provide quality outcomes.

### Well Child Visits (Visit expectation by age)

- In the first 15 months of life – 6 visits
- 15 months to 18 months – 2 additional visits
- Children & Adolescents age 3-21 years – annual well visits

### **Well Child Visits should include:**

- Growth and development assessment
- Mental developmental history
- Complete physical exam
- Anticipatory guidance documentation
- Vision screening
- Oral health screening

### Weight Assessment, Counseling for Nutrition, and Counseling for Physical Activity (for Children/Adolescents 3-17 years)

Expectation: Children/Adolescents who have had an outpatient visit with a PCP or OB/GYN during the measurement year with evidence of:

- BMI Percentile documentation
- Counseling for nutrition
- Counseling for physical activity

### Tips & Best Practices

- Avoid missed opportunities by taking advantage of every office visit to provide a well child visit, immunizations, lead testing and BMI calculations.
- A sports/day care physical becomes a well child visit by adding anticipatory guidance to the sports physical's medical history and physical exam.
- BMI percentiles should be calculated at every office visit. Also include nutrition counseling and physical activity.
- Log all immunizations through MCIR to ensure timely completion and closure of gaps.
- Encourage children to receive preventive dental care twice a year.
- MHP will reimburse you for one well child visit per calendar year for children 3 years old and older. ***You do not need to wait 12 months between visits.***
- **Use your *Gaps in Care* list to identify patients who need one of the above listed services.**

If you would like additional information regarding these quality measures or your gaps in care report, please email [MHPOutreach@mcclaren.org](mailto:MHPOutreach@mcclaren.org).

Remember to talk to your patients about tobacco cessation. MHP has a free tobacco cessation program for MHP Community and Medicaid members, call 800-784-8669 for more information.

**Thank you for the quality care you deliver!**

PCP Feedback (Please print)

Comments, requests, questions, etc.: FAX to **(810) 600-7985**

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